## **Curriculum Vitae**



<b>Personal information</b> First name(s) / Surname(s)	Urmila K C Payamaihi					
Address(es)						
Telephone(s)	Mobile: +9771 98609631					
E-mail	urmila.rayamajhi@gmaill.com, kcurmila@ymail.com					
Nationality	Nepali					
Date of birth	10 <sup>th</sup> June 1982					
Gender	Female					
Work experience Dates Occupation or position held Main activities and responsibilities Name and address of employer	August 2015- Ongoing Lecturer Teaching Sociology for Business management, Society and Politics, Business ethics and social responsibilities and Social Work and supervising Bachelor Level students Coordinating and guiding students in research, seminars and fieldworks Coordinating between various social organizations Nepal Mega College, Babarmahal, Kathmandu, Nepal					
Dates Occupation or Position held Main activities and responsibilities Name and address of employer	November 2015- Ongoing Lecturer Teaching Integrated Social work Practice and Rural Sociology Thames International College, Battisputali, Kathmandu, Nepal					
Dates Occupation or Position held Main activities and responsibilities Name and address of employer	July 2016- Ongoing Lecturer Teaching Rural Urban Development and Casework Group work <b>Kadambari Memorial College</b>					
Dates	June 2008- August 2012					
Occupation or position held	Department Head, Social Work					
Main activities and responsibilities	<ul> <li>Teaching students of all 3 years of B.A.S.W</li> <li>Coordinating and guiding Research and Seminar Paper</li> <li>Guiding, coordinating &amp; supervising students in Field work</li> <li>Conducting meeting with various social organization</li> <li>Managing the entire department</li> </ul>					
Name and address of employer	Kathmandu Model College, Kamalpokhari					
Dates	Dec 2009 – August 2012					
Occupation or position held	Social Work Lecturer, Field Work Coordinator					
Main activities and responsibilities	<ul> <li>Teach 'Social Work' for B.A 1<sup>st</sup> Year</li> <li>Coordinate &amp; supervise students in field work.</li> <li>Coordinate between various social work organizations.</li> </ul>					
Name and address of employer	Thames International College, Battisputali.					
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Dates	Nov. 2007- Dec 2009.						
Occupation or position held	Lecturer (Introduction and Methods of Social Work)						
Main activities and responsibilities	<ul> <li>Teaching Introduction to Social work and Methods of Social Work to 1<sup>st</sup> and 2<sup>nd</sup> year students</li> <li>Guiding &amp; Supervising Students in Field work</li> </ul>						
Name and address of employer	Classic International College, Tilganga.						
Dates	Sept. 2007- April 2008						
Occupation or position held	Lecturer (Research)						
Main activities and responsibilities	<ul> <li>Teaching Research Methodology to B.A.Sw</li> <li>Guiding &amp; Supervising Students in Field work</li> </ul>						
Name and address of employer	K & K College, N. Baneshwor.						
Dates	June2004-Sept.2007						
Occupation or position held	Program Coordinator						
Main activities and responsibilities	Manage the entire project						
	<ul> <li>Supervise the students and staffs</li> <li>Conducting Partner Schools visits</li> </ul>						
	Act as a supplement teacher						
	Coordinating and facilitating consultative meetings						
Name and address of employer	Report writing (Inception, Draft, Main reports)  Partnership in Education (PIE) ( St. Yavier's College)						
Name and address of employer	Partnership in Education (PIE), (St. Xavier's College)						
Education and training							
Education and training							
Education and training Dates	2004-2007						
	2004-2007 Masters of Arts in Rural Development						
Dates							
Dates Title of qualification awarded Principal subjects/occupational skills	Masters of Arts in Rural Development						
Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation	Masters of Arts in Rural Development Rural urban linkage, Economic development, Sustainable development						
Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation providing education and training	Masters of Arts in Rural Development Rural urban linkage, Economic development, Sustainable development Tribhuvan University						
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Dates	1998-2000									
Title of qualification awarded	Intermediate in Arts (I.A)									
Principal subjects/occupational skills covered	Major English, Economics, Culture									
Name and type of organisation providing education and training	Kanya Multiple College, Tribhuvan University									
Dates	1998									
Title of qualification awarded	School Leaving Certificate (SLC)									
Principal subjects/occupational skills covered	English, Mathmatics, Accounting									
Name and type of organisation providing education and training	Little Flower English Boarding School, HMG Board									
Other language(s)	English.									
Self-assessment		standing	Speaking			Writing				
European level (*)	Listening	Reading	Sp	ooken interaction	S	poken production				
Language										
Language										
	(*) <u>Common European</u>	Framework of Refere	<u>nce fo</u>	<u>r Languages</u>						
Social skills and competences	<ul> <li>Able to organize group activities and work as a team member.</li> <li>Able to communicate at all levels in a concise and clear manner.</li> <li>Able to develop rapport quickly and easily.</li> </ul>									
Organisational skills and competences	<ul> <li>Well organized individual.</li> <li>Able to analyze problems and develop workable solutions.</li> <li>Able to handle multiple tasks simultaneously.</li> <li>Proactive. Motivated. Goal-oriented.</li> </ul>									
Computer skills and competences	<ul> <li>Proficient in computer software like word processing (MS-Word), spreadsheet and (Ms-Excel), presentation (Ms-power point).</li> <li>Internet and workable knowledge in Photoshop.</li> <li>Skills in software installations and other trouble shootings.</li> </ul>									
Driving licence	Yes. (A= Motorcycle (B= Car, Jeep,									