Curriculum Vitae



| Personal information First name(s) / Surname(s) | Urmila K C Payamaihi | | | | | |
|---|---|--|--|--|--|--|
| Address(es) | | | | | | |
| Telephone(s) | Mobile: +9771 98609631 | | | | | |
| E-mail | urmila.rayamajhi@gmaill.com, kcurmila@ymail.com | | | | | |
| Nationality | Nepali | | | | | |
| Date of birth | 10 th June 1982 | | | | | |
| Gender | Female | | | | | |
| Work experience Dates Occupation or position held Main activities and responsibilities Name and address of employer | August 2015- Ongoing Lecturer Teaching Sociology for Business management, Society and Politics, Business ethics and social responsibilities and Social Work and supervising Bachelor Level students Coordinating and guiding students in research, seminars and fieldworks Coordinating between various social organizations Nepal Mega College, Babarmahal, Kathmandu, Nepal | | | | | |
| Dates Occupation or Position held Main activities and responsibilities Name and address of employer | November 2015- Ongoing Lecturer Teaching Integrated Social work Practice and Rural Sociology Thames International College, Battisputali, Kathmandu, Nepal | | | | | |
| Dates Occupation or Position held Main activities and responsibilities Name and address of employer | July 2016- Ongoing Lecturer Teaching Rural Urban Development and Casework Group work Kadambari Memorial College | | | | | |
| Dates | June 2008- August 2012 | | | | | |
| Occupation or position held | Department Head, Social Work | | | | | |
| Main activities and responsibilities | Teaching students of all 3 years of B.A.S.W Coordinating and guiding Research and Seminar Paper Guiding, coordinating & supervising students in Field work Conducting meeting with various social organization Managing the entire department | | | | | |
| Name and address of employer | Kathmandu Model College, Kamalpokhari | | | | | |
| Dates | Dec 2009 – August 2012 | | | | | |
| Occupation or position held | Social Work Lecturer, Field Work Coordinator | | | | | |
| Main activities and responsibilities | Teach 'Social Work' for B.A 1st Year Coordinate & supervise students in field work. Coordinate between various social work organizations. | | | | | |
| Name and address of employer | Thames International College, Battisputali. | | | | | |
| Page 1/3 - Curriculum vitae of Surname(s) First name(s) | For more information on Europass go to http://europass.cedefop.europa.eu © European Union, 2004-2010 24082010 | | | | | |

| Dates | Nov. 2007- Dec 2009. | | | | | | |
|--|--|--|--|--|--|--|--|
| Occupation or position held | Lecturer (Introduction and Methods of Social Work) | | | | | | |
| Main activities and responsibilities | Teaching Introduction to Social work and Methods of Social Work to 1st and 2nd year students Guiding & Supervising Students in Field work | | | | | | |
| Name and address of employer | Classic International College, Tilganga. | | | | | | |
| | | | | | | | |
| Dates | Sept. 2007- April 2008 | | | | | | |
| Occupation or position held | Lecturer (Research) | | | | | | |
| Main activities and responsibilities | Teaching Research Methodology to B.A.Sw Guiding & Supervising Students in Field work | | | | | | |
| Name and address of employer | K & K College, N. Baneshwor. | | | | | | |
| | | | | | | | |
| Dates | June2004-Sept.2007 | | | | | | |
| Occupation or position held | Program Coordinator | | | | | | |
| Main activities and responsibilities | Manage the entire project | | | | | | |
| | Supervise the students and staffs Conducting Partner Schools visits | | | | | | |
| | Act as a supplement teacher | | | | | | |
| | Coordinating and facilitating consultative meetings | | | | | | |
| Name and address of employer | Report writing (Inception, Draft, Main reports) Partnership in Education (PIE) (St. Yavier's College) | | | | | | |
| Name and address of employer | Partnership in Education (PIE), (St. Xavier's College) | | | | | | |
| | | | | | | | |
| Education and training | | | | | | | |
| Education and training | | | | | | | |
| Education and training Dates | 2004-2007 | | | | | | |
| | 2004-2007 Masters of Arts in Rural Development | | | | | | |
| Dates | | | | | | | |
| Dates Title of qualification awarded Principal subjects/occupational skills | Masters of Arts in Rural Development | | | | | | |
| Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation | Masters of Arts in Rural Development Rural urban linkage, Economic development, Sustainable development | | | | | | |
| Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation providing education and training | Masters of Arts in Rural Development Rural urban linkage, Economic development, Sustainable development Tribhuvan University | | | | | | |
| Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation providing education and training Dates | Masters of Arts in Rural Development Rural urban linkage, Economic development, Sustainable development Tribhuvan University Dec 2005- June 2009 | | | | | | |
| Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation providing education and training Dates Title of qualification awarded Principal subjects/occupational skills | Masters of Arts in Rural Development Rural urban linkage, Economic development, Sustainable development Tribhuvan University Dec 2005- June 2009 Masters In Social Work(M.S.W) Community Development, Social Action, Group work and Case work, Research, Family and Social | | | | | | |
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| Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation providing education and training Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation providing education and training | Masters of Arts in Rural Development Rural urban linkage, Economic development, Sustainable development Tribhuvan University Dec 2005- June 2009 Masters In Social Work(M.S.W) Community Development, Social Action, Group work and Case work, Research, Family and Social work, Analysis and structure of Nepali Society. St. Xavier's College, Purbanchal University 2001-2004 | | | | | | |
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| Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation providing education and training Dates Title of qualification awarded Principal subjects/occupational skills covered Name and type of organisation providing education and training Dates Title of qualification awarded Principal subjects/occupational skills | Masters of Arts in Rural Development Rural urban linkage, Economic development, Sustainable development Tribhuvan University Dec 2005- June 2009 Masters In Social Work(M.S.W) Community Development, Social Action, Group work and Case work, Research, Family and Social work, Analysis and structure of Nepali Society. St. Xavier's College, Purbanchal University 2001-2004 Bachelors of Arts in Social Work (BSW) Social work methodology, Research methodology, Woman studies, Community health, Sociology, | | | | | | |

| Dates | 1998-2000 | | | | | | | | | |
|--|--|---------------------|---------------|--------------------|---|------------------|--|--|--|--|
| Title of qualification awarded | Intermediate in Arts (I.A) | | | | | | | | | |
| Principal subjects/occupational skills covered | Major English, Economics, Culture | | | | | | | | | |
| Name and type of organisation providing education and training | Kanya Multiple College, Tribhuvan University | | | | | | | | | |
| Dates | 1998 | | | | | | | | | |
| Title of qualification awarded | School Leaving Certificate (SLC) | | | | | | | | | |
| Principal subjects/occupational skills covered | English, Mathmatics, Accounting | | | | | | | | | |
| Name and type of organisation providing education and training | Little Flower English Boarding School, HMG Board | | | | | | | | | |
| Other language(s) | English. | | | | | | | | | |
| Self-assessment | | standing | Speaking | | | Writing | | | | |
| European level (*) | Listening | Reading | Sp | ooken interaction | S | poken production | | | | |
| Language | | | | | | | | | | |
| Language | | | | | | | | | | |
| | (*) <u>Common European</u> | Framework of Refere | <u>nce fo</u> | <u>r Languages</u> | | | | | | |
| Social skills and competences | Able to organize group activities and work as a team member. Able to communicate at all levels in a concise and clear manner. Able to develop rapport quickly and easily. | | | | | | | | | |
| Organisational skills and competences | Well organized individual. Able to analyze problems and develop workable solutions. Able to handle multiple tasks simultaneously. Proactive. Motivated. Goal-oriented. | | | | | | | | | |
| Computer skills and competences | Proficient in computer software like word processing (MS-Word), spreadsheet and (Ms-Excel), presentation (Ms-power point). Internet and workable knowledge in Photoshop. Skills in software installations and other trouble shootings. | | | | | | | | | |
| Driving licence | Yes. (A= Motorcycle (B= Car, Jeep, | | | | | | | | | |
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