

CURRICULUM VITAE

Personal Details:

Name : **Padam Raj Joshi (BSc,MA,Clinical psychology)**

Date of Birth : 16 October 1979

Marital Status : Married

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Country visit : **India, Europe (Spain,)** (Finland), **China** (Beijing, Situan,Hubby),**Honking** , and **South Africa**(Study visit)

Language:

	Read	Write	Speak
Nepali	Excellent	Excellent	Excellent
Hindi	Very good	Good	Good
English	Very good	Good	Good

Work Experiences:

A.Tribhuwan University

1. Teaching assistant at Central Department of psychology,Kirtipur, Kathmandu
2. Teaching assistant at PadmaKanya Multiple Campus Bagazar Kathmandu
3. Serving as faculty of **Abnormal Psychology and counseling psychology** of Bachelor level of TU affiliated colleges since 2066 B.s(2007) to now.

B.Pokhara University:

1. Faculty, Lecturer for BBA Level at School of Environmental Science and Management (Schemes) New Baneshwor.2067 (2009) to date.
2. Part time Lecturer for BBA Level at Apollo International College, Kathmandu 2069 to date
3. Part time Lecturer for BBA Level at Liberty College, Anamnagar, Kathmandu 2067 to 2071 (2009-2015) to 2071.

C.

1. Consultant Psychologist, Iris Nepal pvt.ltd Lalitpur.
2. Consultant Psychologist, Nepalese psychological corporation and research centre, Kalanki, Kathmandu
3. Consultant Psychologist, Campaign for Change Nepal Kathmandu.
4. Consultant Child Psychologist, Shaligram Bal griha, Loobhu Lalitpur 2063 -2070

5. Psychosocial counselor, SAATHI, Akantkuna Lalitpur 2006.to 2008
6. Psychosocial counselor (Researcher), South Asia Study Centre,Laxmi Nagar New Delhi,India(2005 October to 2006 August.)

Trainings Received

- **Training of Trainers**, in recognition of undertaking a journalism and trauma, organized by federation Nepali journalist with technical support of the Journalism School of Columbia University from February 26- 28, 2016, Kathmandu Nepal.
- **50 hours Basic training course on Community reporting techniques, story telling,ITC and Media skill** organized by Intras Foundation, Mental health led I/NGO ,Valladolid(Spain) from 25/01/2016 to 31/01/2016 in Spain.
- **40 hours Basic training in clinical supervision** organized by Padmakanya Multiple Campus, Department of psychology and **Super. Vision Training** (Ireland) on July, August,2015 A.D.)
- **Programme Manager of Basic training in Clinical supervision** organized by Padmakanya Multiple Campus, Department of psychology and Super. Vision Training (Ireland) on July, August,2015 A.D.)
- Three day orientation on Semester system organized on July 8-10,2015 by Research management cell,PadamKanya Multiple Campus with support from University Grants Commission (UGC)
- **Specialized training in psychological counseling skills**, from september-14 to 19 2008, provided by United States Clinical Psychologist.
- **Capacity building training/supervisor** of Child Counselor working in different institution of Nepal from March 2007 to 2008. (One day per monthly)
- Three days special training to life skills, crisis management and facilitation skills with street children, provided byCWIN,2007.
- Abuse and sexual abuse, among children and how to deal with them. Provided by PLANETE ENFANTS.
- **Specialized training on Child Counseling** from January 14-24,2007, provided by United States Clinical Psychologist Larry Katz, PhD and Edith Freeman PhD, organized by Ankur counseling center.
- Training of Trainers (TOT), from November 3 to 10, 2006 provided by UNOCHR-Nepal organized by Alliance for Peace
- One month internship training from Institute of medicine, Tribhuvan university teaching hospital, Maharajgunj. (IOM). 2005.

Training Given:

- Providing Psychological First aid training after April earthquakes 2015 A.D. among many districts of Nepal organized by local CBOs,GOs and Schools and Colleges.

- Guest speaker/ Lecturer among fresher's of psychology, providing **meaning, importance and scopes of psychology in everyday life** Invited by many colleges of Kathmandu valley.
- Plan of action; organize a programme/ events among Social work college students.
- Paper presentation on role of youth women in decision making organized by Alliance for Peace in Kathmandu.2067
- -Paper presentation on role of youth and students in current situation in Rolpa, 2066, B.S.Jestha.
- Chaired dozens of talk and interaction programmes of youth and students.
- Life skills training to Adolescence stage students.
- Basic communication skills training to staffs of orphanage homes, grade teachers.
- Crisis management training to psychological group students, Residents staffs of orphan homes.
- Sexual abuse training to I/NGOS and schools.
- Psychological support training to I/NGOS and schools.
- Bulling and its effects on children.
- Training for human Rights Sensitization training among students leader of Nepal.

Other Involvements:

- Life member of Nepal library foundation, Dillibazar, Kathmandu.
- Executive Member of Nepalese Psychological Association.
- Executive Member of Nepal Science Foundation.
- Member of youth activist net work of Nepal.
- Member of Youth Red Cross Society ,kirtipur(2005 A.D.)
- **President** of *Central Association of Psychology students (CAPs)* (2061 to 2063).
- **President of Far-western Students Society, T,U. Kirtipur,** (2060 to 2062).
- Founder of Padmakanya Campus Association of Psychology Students (2061).
- Founder of Trichandra Campus Association of Psychology Students (2061).
- Founder of Ratna Campus Association of Psychology Students (2061).
- Editor of Psychological magazine "Mano-Darpan" -volume-I, published by CAPs, Kirtipur (2062).
- **Coordinator** of Manswe,a psychological magazine, 2008 to 2011.

Personal Skills:

Organizing	Social Group	Creative	Self managing
Time structuring and Management	Encouraging, Monitoring, Criticizing	Establishing like ness among things apparently unlike	Self awareness
Setting and achieving goal	Networking	Extrapolating from the known to unknown	Responsibly planning own work
Thoroughness and attention to detail	Effectiveness in group interaction	Capacity for vision	Self-confidence and assertiveness
Effective decision making	Working co-operatively & constructively	Building on others ideas	Identifying potential and routes to achieving goal
Leading, Planning, Motivating others, Political awareness	Willing to learn from others	-	Self disclosure, personal power and presentation

References

1. Professor, Shishir, Subba, Former head central department of psychology and former assistant dean, faculties of humanities Tribhuwan University. (Cell number-98511-17454).
2. Assistant Professor, Nandita Sharma, Central department of psychology and Senior Child psychologist, Tribhuwan University (Cell number-9851063906).