

## **CURRICULUM VITAE**

**Name:** MISHRA, KALPANA  
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**Permanent Address:** Gauradaha-5, Jhapa, Mechi  
**Temporary Address:** Gatthaghar, Bhaktapur  
**Date of Birth:** 29/09/1988  
**Citizenship:** Nepali

### **Academic Qualification:**

1. **PhD (2018).** Topic: *An Analytical Study of the Applications of Noble Eightfold Path in Knowledge Management and Organizational Learning.* Lumbini Buddhist University, Lumbini, Nepal.
2. **LLM (International and Commercial Law), 2018, Nepal Law Campus,** Exhibition Road, Kathmandu.
3. **MBS (Account), 2015, Nepal Commerce Campus,** Minbhawan, Kathmandu.
4. **MA (Sociology), 2014, Ratna Rajya Laxmi Campus,** Exhibition Road, Kathmandu.
5. **MBS (Finance), 2013, Nepal Commerce Campus,** Minbhawan, Kathmandu.
6. **LLB, (Law), 2015, Nepal Law Campus,** Exhibition Road, Kathmandu.
7. **BBS (Account), 2009, Nepal Commerce Campus,** Minbhawan, Kathmandu.

### **Trainings/Workshops:**

- Received 7 days training on **Co-Operative Management**, organized by School of Management Studies (SMS College), Brampton, Canada, and ANNFSU, Nepal Commerce Campus, 2010.
- Received 15 days training on **Basic Banking Training Course**, organized by ANNFSU in cooperation with School of Banking Business and Research (SBBR), Nepal Commerce Campus, January, 2011.
- Received a one-month **Basic Anchoring Training** (1 Jan. to 30 Jan., 2011), organized by ANNFSU in cooperation with Nepaliko Radio 88.8, Nepal Commerce Campus, New Baneshwor.
- Received 8 days training on **Research Methodology** (15 April, 2009 to 22 April, 2009), organized by Population Health and Development Project (PHD), Sanepa, Lalitpur.

- Received a 3-month Computer Training on Office Package in 2062, from SOFTTECH IT School, School Chawun, Jhapa.
- Received one-month **Accounting Package (Tally)** From Apcoys Computer Institute, New Baneshwor, Kathmandu.
- Received a 2-week training on **Statistical Package for Social Science (SPSS)** in March, 2013, from Research Solution Nepal, Nayabazar-3, Kirtipur.
- Received 3 days training on **Leadership Development** (21 Bhadra to 23 Bhadra, 2068), organized by Jagaran Nepal, Anamnagar, Kathmandu, Nepal.
- Received a 12-Day **Vipassana Meditation** Course at Lumbini Vipassana Meditation Center (Dhamma Janani), Lumbini, from 15 May to 26 May, 2015.

### **Employment Records:**

- **Monitoring and Evaluation Expert/Team Leader** for INGOs at Social Welfare Council (SWC)
- **From 2019 to till date:** Lecturer at Saint Lawrence College, Chahabil, Kathmandu
- **From July 2015 -- Till Date:** Lecturer at Kantipur International College (KIC), Buddhanagar, Baneshwor
- **From June 2015:** Lecturer at Kathmandu Model College (KMC) for BBA level.
- **From June 2013 – July 2015:** Lecturer at Ambition College, Mid-Baneshwor, Kathmandu, Nepal.
- **From April 2009 -- May 2009:** Worked as a research assistant on Corruption Tolerance Index Survey for Transparency International Nepal.
- **From August 2009 to July 2010:** Worked as a Field Enumerator for Population Health and Development Project (PHD), Sanepa, Lalitpur.
- Worked as a Mathematics teacher at Eden's Garden Boarding School, Chakupat, Lalitpur.

### **Legal and Organizational Affiliations:**

- **Licensed Advocate** [Nepal Bar Council]
- **Founder**, Bodhi Mental Health and Therapy Centre, Kathmandu
- **Legal Advisor**, World Without Anger (WWA) Nepal
- **Legal Advisor**, Bachan Bachat Tatha Rin Sahakari Sanstha, Kathmandu

### **Research Works:**

- A research conducted on **Status of Female Teachers Working in Private Colleges of Kathmandu District**, MA thesis (Sociology)
- A research conducted on **Relationship Between Job Satisfaction and Employees' Commitment Among the Employees' of Commercial Banks of Kathmandu Valley**, MBS thesis (Management)
- Mishra, K. (2014). Buddhism, Impermanence, and Modern Business. Published at: citizennewsline.com
- A research conducted on **Status of Landlocked Country Nepal Relating to the Rights of Access to the Sea (Seminar paper 2017).**

### **Articles Published in International Journal:**

- **Mixed-methods: An Advanced Approach to Receive an Academic Degree.**  
Published in an International Interdisciplinary Research (Review) Journal in May, 2018, from India.
- **Applications of Noble Eightfold Path in Knowledge Management and Organizational Learning.** Published in an International Interdisciplinary Research (Review) Journal in May, 2018, from India.
- **Landlocked States, Common Challenges, and Viable Solutions.** Published in an International Interdisciplinary Research (Review) Journal in Dec., 2018, from India.

#### **Paper Presentation:**

- Presented a research paper on "**Analytical Study of the Applications of Noble Eightfold Path in Knowledge Management and Organizational Learning**" at an international conference entitled "Global Peace through Emotional Literacy, Wellness Psychology of Work Place Behavior, and Effective People Management" (8<sup>th</sup>), organized by World Without Anger (WWA) and Global Peace Foundation Nepal, November, 2018.

#### **Awards:**

- Awarded for winning the **FIRST POSITION** in the Inter-Zonal Speech Competition on the occasion of 103th International Women's Day, on Falgun 19, 2069.

#### **Interest:**

Meditation, Thinking, Reading/ Teaching, Research

#### **Hobbies:**

Books collection

#### **Reference:**

Prof. Dr. Rita Shrestha  
Department of Psychology  
Tribhuvan University  
Kirtipur, Kathmandu, Nepal  
Mobile: 9841328085